

One Stop is a 501(c)(3) non-profit organization
serving seniors on the Upper West Side since 1981

Reaching out

The Newsletter of One Stop Senior Services

VOLUME XV SPRING 2009

The Face and Heart of One Stop: Our Clients

"One Stop and my worker have enabled me to face what my life has become due to physical and financial changes without feelings of gloom or depression. I can live a full, happy and cheerful life, full of laughter, fulfillment, good things and hope."

Ms. G –

a 93 year-old active and vital senior and proud One Stop client is a devoted advocate of our programs and services.



Ms. G and her elderly daughter were referred to One Stop by The Annie Tinker Association for Women for financial help as they struggled to manage on fixed incomes. Working with their case manager, Alexandra Mendes, they secured an increased monthly stipend and obtained Medicaid, homecare, Food Stamps, and enrolled in the Senior Citizen to Rent Increase Exemption Program (SCRIE).

When Ms. G's daughter passed away, Alexandra was there to provide her with the supportive and nurturing care she needed to come to terms with the death of her only child at age 71 and to cope with the loss in practical terms. Today, Ms. G and Alexandra continue to have a warm relationship, and when new issues arise, Ms. G. knows that One Stop and her worker will be there to help her find solutions.



To read more about how One Stop has assisted other clients, visit our website.



Solving seniors' problems
- all in one place

One Stop Senior Services

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Make a donation online or
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BOARD OF DIRECTORS

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One Stop's mission is to improve the quality of life of older residents (60+) living between Columbus Circle and Harlem on Manhattan's Upper West Side. We enable them to continue living safely and independently in their own community. Seniors come to us knowing they will be heard, recognized, and treated with compassion and respect. At One Stop, seniors know that they will be presented with options and empowered to make the best decisions for themselves.

Since its founding in 1981, One Stop Senior Services has assisted over 50,000 Upper West Side seniors. Their troubles cover a wide range: elder abuse, eviction, rent and utility arrears, hunger, medical benefits, inadequate health care, timely bill payment, and complex legal issues.



ONE STOP BOARD MEMBERS KIMBERLY WILLIAMS AND SVETLANA HUSSEINI AT THE SECOND ANNUAL THEATER EVENING

On March 11, 2009, One Stop Senior Services' Board of Directors welcomed over 150 friends to the groundbreaking West Side Story revival. Pre-show cocktails and hors d'oeuvres were served at Trattoria Dopo Teatro where guests met and mingled with One Stop's staff. During the reception, Board President Jason McGill thanked everyone for their support of One Stop's vital, no-fee programs and services for vulnerable seniors.



ONE STOP DIRECTOR OF PROGRAMS CARMEN ESCOBAR (CENTER) WITH HER FAMILY, BOARD MEMBER LEE RASSNICK (2ND FROM LEFT) AND BOARD PRESIDENT JASON MCGILL (RIGHT) AT PRE-SHOW RECEPTION

THE FOLLOWING MEMORIAL GIFTS WERE RECEIVED BETWEEN JULY 2008 AND APRIL 2009:

<i>Dolores Benitz</i>	<i>Peter Oppenheimer</i>
Enrique Thaireaux	Emily Oppenheimer
<i>Josephine Bedani-Kearns</i>	<i>Louis Radin</i>
The Freimark Family	Neila Radin
<i>Meyer Braiterman</i>	<i>Ruth Salomone</i>
Lani Sanjek	Anthony Salomone
<i>Adelaide Weber Davidson</i>	<i>Ruby Sills Miller</i>
Michael Davidson	Lani Sanjek
<i>Alfred Dobrof</i>	<i>Frances Sommerfeld</i>
Rose Dobrof	Kenneth Wirfel
<i>Else Frishauf</i>	<i>Anna Steinhagen</i>
Ruth-Ellen Simmonds	Kimberly Williams
<i>David Gil</i>	<i>Isabelle R. Toppins</i>
Jane Gil	Albertha Toppins
<i>Evelyn F. Launer</i>	<i>Augusta Van Buren</i>
Deborah Launer	Barbara Van Buren
<i>Mytiofan P. Neshta</i>	<i>Mary Wade Alexander</i>
Yolanda Neshta	Eve Sandler
<i>Bela Horvath</i>	<i>Helen Zakrzewski</i>
Katherine Horvath	Lynda Zakrzewski

Elisa Owen gathered family and friends at the PicNic Market and Café on November 6, 2008, to celebrate her Fifth Annual Autumn Breakfast. Over a sumptuous buffet, Elisa thanked everyone for their continued generosity to One Stop. As is tradition, she gave special thanks to her mother Adele Weinberg for gifting the suit she wore. In its five years, Elisa's breakfast benefit has raised thousands of dollars to help One Stop achieve its mission to enable seniors to age in the comfort and safety of their own homes with independence and dignity.



GUESTS OF ELISA OWEN'S FIFTH ANNUAL AUTUMN BREAKFAST

THE FOLLOWING GIFTS "IN HONOR OF" WERE RECEIVED BETWEEN JULY 2008 AND APRIL 2009:

<i>My Grandparents</i>	<i>Evelyn Garcia</i>
Herbert Brinberg	Anthony Salomone
	<i>Lila Bernstein & Beverly Jablons</i>
	Matthew & Elissa Bernstein
<i>Jason McGill</i>	
Elisa Owen; Kathryn Howard; & Michael J. Hirschhorn	
<i>Charles Richter</i>	<i>Michael Fordham</i>
Elisa Owen	Brigham Fordham
<i>Gloria Gil</i>	<i>Stanley Greenberg</i>
Jane Gil	Scott Johnson
<i>Irvin Gray/Concerned Citizens for Community Action</i>	
<i>Jean Horvath</i>	<i>Denise Jones</i>
Katherine Horvath	J. Daniel Demichelis
<i>Julia Kaplan</i>	<i>Ho Hyung Koh</i>
Barbara Lee	Joann F.L. Chau
<i>Bridget & Robert Lyons</i>	<i>Louis Morrell</i>
Max Gellert	Ann-Judith Silverman
Robert & Rosa Gellert	<i>Lee T. Owen</i>
Donald Gellert	Tropham Foundation
<i>Grace & Ian Podnieskinski</i>	<i>Lee Rassnick</i>
Marjorie Cohen	Howard Rosof
<i>Ruth-Ellen Simmonds</i>	<i>Margaret Szeliga & Joseph Vivanco</i>
Michelle P. Scott	The Mason Family
<i>Luz Torres</i>	<i>Kimberly Williams</i>
Mircia Garcia	Anonymous donor
<i>Barbara Wax Kassal</i>	<i>Elisa Owens</i>
Linda Wax Fisher	Jonathon & Amy Bergner
<i>Laura Gonzalez</i>	Andrea Labov Clark
Dolores Sicignano	Robynn Delin
Anne Parry	Elizabeth Selzer
Frances Mulvaney	Tina Nordlander
<i>Michael Velez</i>	Robin Statsky
Anthony Salomone	Paige Grossman