

One Stop is a 501(c)(3) non-profit organization  
serving seniors on the Upper West Side since 1981

# Reachingout

The Newsletter of One Stop Senior Services

VOLUME XVII WINTER 2010



*Solving seniors' problems  
- all in one place*

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Make a donation online or  
send a check payable to  
One Stop Senior Services.

For more information or to visit  
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## Client as Volunteer at One Stop

Volunteering is a wonderful way to give of oneself and at the same time make a difference in your community and the lives of others. One Stop Senior Services celebrates having a devoted circle of volunteers. They share their time and talents to help us fulfill our mission.



Nancy Beltran (left) with Naomi Diaz, Case Manager

One such special person is Nancy Beltran (pictured), a One Stop volunteer who is also an agency client of three years. On any given day, this spry 70 year-old Upper West Side resident can be found giving her time to assist our agency with many important tasks including language interpretation, filing and copying, major mailings to donors, and helping workers with statistics and completing client forms. Nancy says *"it gives me great pleasure to help an agency that does so much to help myself and the seniors of my community."*

*"Nancy is a dedicated and extraordinary volunteer who does an amazing job!"  
Dena Fisher, One Stop Development Administrator*

*"Having Nancy as a volunteer is a valuable asset. She has a wonderful and joyful personality. She is very generous with her time and is always one call away when we need her." - Carmen Escobar, One Stop Director of Programs*

One Stop thanks all our volunteers for their efforts, and we commend them for their service to our agency and Upper West Side community.

For more information about volunteering at One Stop please contact us at 212-864-7900 or [info@onestopseniorservices.org](mailto:info@onestopseniorservices.org).

One Stop's mission is to improve the quality of life of older residents (60+) living between Columbus Circle and Harlem on Manhattan's Upper West Side. We enable them to continue living safely and independently in their own community. Seniors come to us knowing they will be heard, recognized, and treated with compassion and respect. At One Stop, seniors know that they will be presented with options and empowered to make the best decisions for themselves.

Since its founding in 1981, One Stop Senior Services has assisted over 50,000 Upper West Side seniors. Their issues cover a wide range of concerns including elder abuse, eviction, rent and utility arrears, hunger, medical benefits, inadequate health care, bill payment problems, and complex legal needs.

## In the Community

### "IN HONOR OF" GIFTS RECEIVED JUNE 2009 THROUGH JAN. 2010:

*One Stop Staff*  
Rubin England  
Chilperie & Violethe Leopold

*Todas las personas que nos  
ayudan a resolver nuestros  
problemas*  
Manuel DeJesus

*Ethel Blasberg*  
Alicia Fleming

*Frances Collazo*  
Julia Perez

*Naomi Diaz*  
Linda Aufseher

*Kate Dundorf*  
Renee Solomon

*Gloria Gil*  
Jane Gil

*Laura Gonzalez*  
Elisa Owen

*Jason McGill*  
Mary McCorry  
Lawrence Chang  
Kathryn Howard  
Paul Howard

*Elisa Owen*  
Patricia Kozu  
Lisa Linn  
Stacey Lane  
Jason McGill

*Ian and Grace Podniesinski*  
Marjorie Cohen

*Lee Rassnick*  
Robert and Sandra Shapiro  
Charles and Joan Blanksteen  
David Kubrin

*Aaron Sandler*  
Anna Sandler  
Ruth-Ellen Simmonds

*Ruth-Ellen Simmonds*  
Marcia Fair  
Stephen Frishauf  
Michelle P. Scott

*Anna Steinhagen*  
Kimberly Williams

*Patricia Ulloa*  
Lidia Stempien

*Barbara Wax Kassal*  
Linda Wax Fisher

*Kim Williams*  
Thomas & Cynthia Williams



Anna Sandler, Gail Bohnert, Dena Fisher  
One Stop/Aging-in-Place  
information table



### MEMORIAL GIFTS RECEIVED JUNE 2009 THROUGH JAN. 2010:

*Hugo Cohn*  
Richard M. Cohn

*Alfred Dobrof*  
Rose Dobrof

*Rebecca Essner Goldberg*  
Beulah Robinson

*Arnold Kaufman*  
Gloria Kaufman

*Alvin Levine*  
James and Joan Levine

*Peter Oppenheimer*  
Emily Oppenheimer

*Mr. Paniagna*  
Rose Paniagna

*Sarah Schwartz*  
Donna Tapper

*Janine Snow*  
Herbert Brinberg

*Daniel Stone*  
Irving & Clara Stone

*Isabelle R. Toppins*  
Albertha Toppins

*Julia and Michael Tranchik*  
Ginny Tranchik

On Sunday, October 4, 2009, One Stop was honored to sponsor the annual Upper Broadway Harvest Festival. It was an opportunity for our agency to get out in the community, meet our neighbors, and discuss One Stop's mission and goals. It also allowed us to explore new ways to work together to create the ideal aging-in-place community on the Upper West Side. We shared news of our new blog, [www.UpperWestSideFocus.org](http://www.UpperWestSideFocus.org), and provided guests with free agency bookmarks. If you would like to invite One Stop to attend your event, contact us at [reply@onestopseniorservices.org](mailto:reply@onestopseniorservices.org).

### One Stop would like to thank our following partners in care for their support of our programs and services received between July 2009 and January 2010:

Alexander and Suzanne Rhea Foundation  
Anonymous  
Barker Welfare Foundation  
Bianca L. and Herbert J. Rosenberg Foundation (AEF)  
The Bodman Foundation  
Concerned Citizens for Community Action  
Glickenhau Foundation  
GoodSearch.com  
Isaac H. Tuttle Fund  
James N. Jarvie Commonweal Service  
Michael Tuch Foundation  
Morningside Monthly Meeting of the Religious Society of Friends  
Mort & Ray Productions  
Rutgers Presbyterian Church  
Sonya Staff Foundation  
Tropham Foundation  
West End Collegiate Church

### We extend our sincere thanks to our community's leaders for their commitment:

New York City Council Members  
Inez Dickens  
Gale A. Brewer  
Melissa Mark Viverito  
and the Manhattan Delegation

New York State Senators  
Thomas K. Duane  
Bill Perkins  
Eric T. Schneiderman

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